

# **MIKE O'CALLAGHAN FEDERAL HOSPITAL**

## **PATIENT EDUCATION RESOURCES**

### **CANCER REGISTRY**

#### **Books**

A Cancer Battle Plan  
Along The Journey (A step by step workbook to guide you through Intron A Therapy)  
Ask The Doctor, Breast Cancer  
Be A Survivor  
Breast Cancer (Understanding the disease and your treatment options)  
Cancer..., There's Hope  
Crossing Bridges (A step by step workbook to guide you through Intron A Therapy)  
Doctor Susan Love's Breast Book  
Fighting Cancer  
Guide For Cancer Supporters  
In Touch With Your Breasts (includes a SBE model)  
Life After Cancer Treatment, (U. S. Dept of Health & Human Services)  
Solving The Mystery of Breast Discharge  
Uplift – Secrets From The Sisterhood Of Breast Cancer Survivors  
Young People with Cancer, NIH, NCI  
Your Breast Cancer Treatment Handbook

#### **Booklets**

Advanced Cancer, Living Each Day  
Breast Cancer Dictionary  
Breast Cancer Myths & Facts  
Cancer Questions (and answers about rates and risks)  
Care of the Child Dying with Cancer, ACS  
Chemotherapy and You (A guide to self-help during cancer treatment)  
Eating Hints for Cancer Patients  
Facts on Cancer of the Brain  
Get Relief From Cancer Pain  
Guidelines for the Cancer Related Checkup  
Lung Cancer Resource Guide  
Managing Your Childs Eating Problems During Cancer Treatment, NCI, NIH  
Radiation Therapy and You (A guide to self help during cancer treatment)  
What you need to know about Bladder Cancer (NCI)  
What you need to know about Breast Cancer (NCI)  
What you need to know about Cancer of the Colon and Rectum  
What you need to know about Cervical Cancer  
What you need to know about Esophagus Cancer  
What you need to know about Hodgkin's Disease  
What you need to know about Kidney Cancer  
What you need to know about Larynx Cancer  
What you need to know about Liver Cancer  
What you need to know about Lung Cancer  
What you need to know about Melanoma (NCI)  
What you need to know about Moles & Dysplastic Nevi  
What you need to know about Multiple Myeloma

What you need to know about Non-Hodgkin's Lymphoma  
What you need to know about Oral Cancer  
What you need to know about Ovarian Cancer  
What you need to know about Pancreas Cancer  
What you need to know about Prostate Cancer  
What you need to know about Stomach Cancer  
What you need to know about Thyroid Cancer  
What you need to know about Uterine Cancer  
When Someone in Your Family Has Cancer  
Working Your Way Through Chemotherapy (Advice From A Good Friend)

### **Cassette Tapes**

Cancer Survivor Toolbox  
    Basic Skills  
    Topics for Older Persons  
    Finding Ways to Pay For Care  
Insights from Cancer Survivors & Their Families

### **CD Rom's**

Breast Cancer - Interactive multimedia program  
Cancer Survivors Toolbox (Set of 6 audio CD Rom's)  
Chemotherapy - Interactive multimedia program  
Colorectal Cancer - Interactive multimedia program  
Ovarian Cancer – Interactive multimedia program  
Skin cancer-The new standard of care for melanoma staging (Minimally invasssive selective lymphadenectomy)  
Your Guide To Colonoscopy & Sigmoidoscopy

**Diskettes**     Breast Cancer Risk Assessment Tool  
                    Online Breast Cancer Information Resource Center

### **Flip charts**

Breast Cancer – Understand the Disease & Your Treatment Options  
Breast Care - The Good News (For teaching SBE)  
Mammography - The Whole Picture (For teaching breast health awareness)  
Prostate Cancer Oncology Counseling Folder  
Taking The Fear Out Of Colo-Rectal Cancer  
Understanding Non-small cell cancer  
What Every Male Should Know About Cancer Of The Testicle  
Worlds Best Anatomical Chart Series

### **Magazines**

TLC (Tender Loving Care) by the American Cancer Society  
    Hats, turbans, scarves, wraps, bra's breast forms, lingerie for breast cancer patients

### **Miscellaneous:**

HEALTHEDCO     = Breast cancer form for teaching SBE  
PHARMADESIGN   = Lung Model  
Business Cards for Mastectomy Association of Southern Nevada  
Shower Cards (for teaching self breast exams)

The Woman's Good health Journal  
The Write Track ( A personal health tracker)  
Oncology Support Resources Guide

## **Pamphlets**

A C S – No Matter Who You Are We Can Help  
A Mammogram Could Save Your Life (For age 50 and older), NCI  
ABCD's of melanoma  
Aware – Infection awareness guide – Helping to keep your chemotherapy treatment on schedule  
A Significant Journey – Breast Cancer Survivors and the Men Who Love Them  
BRAC Analysis – Breast & Ovarian Cancer, Given a choice, would you rather deal with known of the unknown?  
BRAC Analysis – The only thing worse than hearing you have cancer is hearing it twice.  
BRAC mutation Guide  
Breast Awareness, Breast Lumps & Cancer  
Breast Cancer – Early Detection Is The Key  
Breast Care – A Mature Woman's Guide  
Breast Care – The Good News  
Breast Health  
Breast Health – The Wellness Way  
Breast Surgery – From Biopsy to Reconstruction  
Cancer Facts for Women  
Chemotherapy guides from Amgen (Neupogen)  
Chemotherapy – Living With Anti Cancer Drugs  
Chemotherapy – Taking Care Of Yourself During Treatment  
Connected – Knowing where to turn for support links you to a powerful community – A resource guide for fighting cancer  
Early Detection – Important Information about Prostate Cancer Screening  
Estimating Breast Cancer Risk  
Five Common Myths of Cancer Care  
Get Relief From Cancer Pain  
Having a Pelvic Exam & Pap Test  
Hexalen = for treatment of recurrent ovarian cancer  
Helping Yourself During Chemotherapy ( 4 steps for patients)  
Hospice – A Special Kind Of Caring  
How to do Breast Self-Examination  
Know Your Moles (Check you skin every month)  
Living With It (A program for patients with recurrent breast cancer)  
Living With It (A support program for women with breast cancer)  
Mammogram  
Mammography – Guidelines For Women  
Mammography – The Whole Picture  
Melanoma – Know Your Treatment Options  
Reach to Recovery (A peer support program for breast cancer patients)  
Salagen = for symptomatic relief of dry mouth associated with radiation therapy to the head & neck  
Same Day Surgery – Biopsy, Lumps & Bumps  
Same Day Surgery – Breast Biopsy  
Sun Safety Quiz

Take Care Of your Breasts  
Taking Control (ACS)  
Talking With Your Doctors & Health Care Team  
The Cancer Information Service, 1-800-4-CANCER (ACS)  
The Cancer Journey (Issues for Survivors)  
Understanding Kaposi's Sarcoma  
Understand Melanoma  
What Happens When You Have A Breast Lump  
Women & Self Care

### **Patient Packets**

Chemotherapy Guide (A Starter Kit for New Patients)  
Commit To Quit – Stop Smoking Kit  
Resource materials for patients with non-small cell lung cancer  
(includes Living Your Life with Lung Cancer)  
Living With It Breast Cancer Kit  
Salagen = Patient Starter Kit

### **Posters**

\*Assorted posters from the American Cancer Society  
How To Do self breast exams  
Know Your Mole (for melanoma awareness)  
Male Genitourinary system (for teaching about prostate cancer)  
Mammograms, not just once, but for a lifetime

### **Videos**

In Touch For Life (A wellness program for breast cancer lumpectomy patients)  
Living With Lung Cancer  
Making Strides Against Breast Cancer – (ACS Video)  
Progress For Life (A patients guide to understanding Nolvadex [Tamoxifen])  
Relay For Life (ACS)  
Testing For Hereditary Risk of Breast & Ovarian Cancer  
Understand Your Options (Prostate Cancer Treatments)  
Working Your Way Through Chemotherapy

### **Web page resources for Cancer Patients**

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